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[join now!](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab6278616119f6a91b63341ff750eabc5e46be29a5afc2a430c3d093c6ae0210d15d8382952dd86d7fddd611241de41906&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103358598%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=zV%2BeuJ1DKTmDTOKG7Ff7LOmkP%2BMB2Zn%2BKB8Pg16Vdvw%3D&reserved=0)               [view as a web page](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fview.s7.exacttarget.com%2F%3Fqs%3D24144d6d766328f5bdcf59e65f5c7c3857cf7235ba229d36fc18d754e95b2da4d438feb48e071f58bb1136ab4fb988ebc53f112b25be2325770900d18bf091539cb1656fa8e0c1652c07b67aa6840859&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103384054%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=Vf0deCgrfSZvZ53%2FfWB7NjeDY6%2FF8EyWAQ7xvemmYV8%3D&reserved=0)  A yellow rectangular sign with white text  Description automatically generated |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Happy November, Foothills Mountaineers!** | | | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | We have so much to be thankful for, not the least of which is living in a beautiful place with many opportunities for outdoor recreation. If you’d like to get out this fall and explore our beautiful home, check out all these [activities](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab64d91cfda2209821f97397edf97c33deddf182073b9478ee452e9c570a4a2f9b7167704b1546047e5be95e5660ed7d5d&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103404659%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=xwvg9KyeDxW2y%2BQ60imc%2BJQ9rpiYg5acGTs1tCqe6CE%3D&reserved=0) with the Foothills Mountaineers. | | | |  |  | | --- | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | A group of people standing in front of a lake  Description automatically generated | |  |  | | --- | | A group of happy GoHike students at Olallie Lake. Photo courtesy of Foothills Mountaineers. |  |  | | --- | | **Events & Activities** |  |  |  | | --- | --- | | |  | | --- | | [**Leave No Trace for Winter Recreation**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4babb0535fe10267c56bf4bbaad75263c888c423f2ba2aa9f9cc43854d50b2fdcde5d5fcbc8b083da37bb3a99170070c0d57&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103425000%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=eSb6yOyaggf4A86hShBh4LSVk2Zlasy3555VYQARFFY%3D&reserved=0) **| Nov 14** Join us to explore the seven principles of Leave No Trace from the [Leave No Trace Center for Outdoor Ethics](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab9cbd1ed5ffec4508dd6b93b93613c45c538a6b6c8fbfd7b478c364110887a86ebd923af215252b53d0cac22fe30433d6&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103445311%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=HqUUrJUxVAMarvqzopq5jjXQDxWsfGJ9ZlNzCK4Cf%2F8%3D&reserved=0) and learn how to apply them to winter recreation.  [**Foothills Annual Branch Celebration**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab92cf4c3cfc1e54544b11a8d2fde64d8d404611d0bb186a1e1a6a1cb1821bdcb3b3c2c439b34355e1a5de2ec3c54c0fc6&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103465387%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=1vMXvaRtCQ4yZgMMQn1ZvKOW6jKRj42D8MvIoEt29uA%3D&reserved=0) **| Nov 17** Join us for our Annual Branch Celebration at the North Bellevue Community Center. We will celebrate the accomplishments of the Foothills Branch in 2024, honor the Foothills Branch Service Award winner and volunteers, and hear from the activity committees. Also learn more about the newly released 10th Edition of the [*Mountaineering: The Freedom of the Hills*](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab5f28b6f19747ba17490437792060b5f4236390867b2a7be938959f18e1cf00c93f071a2b24f62c9fad93cb1b4f473215&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103485635%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=z968BEEqa1rD%2Fye6DopsxAet1RFyzsHNF0rt2%2BhR5eI%3D&reserved=0). There will be plenty of opportunities to socialize with an optional potluck (the branch will provide free food and drinks).   [**Adventure Writing Workshop**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab421ca078135487cd67990ec9ef53c817c26afa42998385e269a73b124638ec09c2d80e0e73a1e61f5fb1e9745fe70e57&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103507303%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=w6143e6wRSQEC9NlijworrQFpMsgZrGWX3RlNdRFfbI%3D&reserved=0) **| Nov 19** Join acclaimed adventure writer and international mountain guide Charlotte Austin at this unique workshop to hone your storytelling and adventure writing skills.  [**Fall Conservation Policy Update**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab0013aeb8396bf65eea06785e15bae87b4086bce2cb6c957bbc5b3083dbee317a1cb5c63e118d955996201a0850a5bbe2&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103527669%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=WJYsHe0pOWyjGZ3PH0B2VlgZ5j13gkam38bkmzvbWPA%3D&reserved=0) **| Nov 20** Join our conservation team online to hear updates on our federal policy priorities, learn how The Mountaineers and our partners are advocating for the outdoors, and connect with other advocates around current action opportunities.  [**Stewardship at Shadow Lake Nature Preserve**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab3268e84ac0e792bc6ffdbfd2660365d37c4ee5e280600b6af86aa192473a38a1e6bc92295c4a80b646244b0eb61ef291&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103547690%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=JZnWfCsV%2FbICp%2FEyolcjbojYA4RX123tLLEYYH2Ukvw%3D&reserved=0) **| Dec 5** Help Shadow Lake Nature Preserve beautify their 120-acre preserve and wetland bog by maintaining trails, removing invasive weeds, and planting and pruning native species.  [**North Sound Leadership Conference**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4babd2a4adfb17b5116e2b5596ab7d0bef429752432e17aa073d970ab4142525dd3a0935d737b6bf3e2ffb64f7153dd018c5&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103567752%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=g9XEAq%2BAf7kN3nHBnZSnYquoYG5wS4IM5dPx97yK3JY%3D&reserved=0)**| Dec 7** The North Sound Leadership Conference is a fun day of professional development dedicated to thanking, inspiring, and empowering The Mountaineers current and aspiring volunteer leaders. | | | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | A group of people walking on a snowy mountain  Description automatically generated | |  |  | | --- | | Cresting the Snow Dome on Mount Olympus. Photo by Iris Lieuw. |  |  | | --- | | **Courses, Clinics, & Seminars** |  |  |  | | --- | --- | | |  | | --- | | [**Leadership Development Series**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab6794ee11545cd6d284a7e452a34d4fdf048948e29398c0bac69cdb71b4c76e5a134fcafea78895e080bf47f9ec5217e6&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103587870%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=%2FZqzUl3M7%2FwcWOgrM3aAVNebd0L56pfRnGjiRRhHD%2BQ%3D&reserved=0)**| Ongoing** Join us for our next Leadership Development Series seminars that provide high-quality, continuing education opportunities for our current and aspiring volunteers.   * **Nov 13** - [Psychological First Aid](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab4cd26a362cefa5fda27cafd3d9997a911cf33a05766482503057124196c45ec490137be2a26f4ee25a3b3f17e85fa6c0&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103608114%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=%2BveSqkl4TLjp2TFDGwnMx95RbngbUZyWIw2GOt6Fhqc%3D&reserved=0) for Mountaineers with Katja Hurt * **Nov 18** - How Much Longer? [Exploring the Journey toward Racial Equity and Inclusion](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4babd792b84daac6f169db9eb3821ba5bb5a053dd9f1e1ce38000fef29ecc13d087c09aa7f59e574bb33cb878d7cd3c2994d&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103628119%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=T%2F97%2BGIy6oo9%2FZN8PhrBTq%2FBqyjAK6ZEFeUM3h9KONk%3D&reserved=0) in Nature with Kriste Peoples * **Nov 19** - [These Are Not “Soft Skills”!](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab100170780a86d4096c37237c966803566e2e1aede468fc7edefca13bd3d86fbb616353a3f3cd6818f508f4bcc8b33919&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103648737%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=7y3Z5eRy5710rZ4SXZ%2FCdEzxOKCNK0n3bEOWf6v9mp8%3D&reserved=0) Facilitating Psychological Safety: A Foundational Risk Management Skill with Steve Smith * **Dec 3** - Expanding Our Awareness of [Female Performance Physiology](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab0ab44a1bbecfe5efd41ba9a99adb8f05eadfbb10e84492aa5ff6c3f562b40590e2144169e806c843db69589833158403&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103671802%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=IiseqJaZZvb%2BiHn5LZQ3KJTuIs2xfetWs6HAQFUd5Wg%3D&reserved=0) and How it Shines in the Mountains with Lyra Pierotti * **Dec 4** - [Dealing with the Unthinkable](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab0481712f8bb1620dc92d2fe50cbe7b69fb8bf255a85d0c2498cf0f12799bbb5b6350951c1e50f6790bbf97828f84dfa5&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103692660%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=P0p%2BC%2FWD8K59kYQnc7zZFubxfgvVYWC5sqm9DZn0Dns%3D&reserved=0): How to Remain Helpful & Engaged When Disaster Strikes with Moose Mutlow   [**Basic Snowshoeing Course**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab5e359ec0bfe2f14d58e64524349aa1d8077275084eb7c41c2d26c92e3b650654b3e13b47fe7d23193579cdfb6426e78a&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103713358%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=ahOYOfGTY40mHYFDs1EgiAVf9SLm2hBoGEgjxmmBdKY%3D&reserved=0) **| Starts Nov 13** This course is designed for beginners, covering basic balance and maneuvering, as well as uphill and downhill travel through a combination of lecture and field practice.  [**Alpine Scrambling Course**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab595de8c78813e1c233778eefa4b84ca0dfb16f5d61919b6433330012c2393e7a1771bf013be68d6e6267ea13f92fe8ab&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103733639%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=OlAm2HDODlnfgdYdYhig4rI1QPYjfyV8OSbOZecqKyc%3D&reserved=0) **| Registration Opens Dec 2** Are you a hiker, trail runner, or snowshoer who'd like to learn more about off-trail travel? Join us for our 2025 Alpine Scrambling course to learn how to travel off-trail on rock and snow, reaching mountain summits that do not require a rope. Email [Christina Black](mailto:black.christina.m@gmail.com?subject=) with any questions.  [**Mentored Hike and Urban Walk Leader Course**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4babaa5e189515f4011d61461b1eb7a8ae75e4c392799b98d97e20a45c6a972967aa233df5e0aa00d99f3c005d1627023b02&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103753765%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=Vnlu43%2B7Gcy3XR08L6dbNf4YJK1mwKJL8z6BbjC4nYQ%3D&reserved=0) **| Starts Dec 3** This course provides Mountaineers members a mentored pathway to becoming a Hike and/or Urban Walks Leader. The intent is to provide a supported, yet loosely structured route to earning your leader badge in a small community. The course is led by experienced leaders/instructors from the Foothills Hiking and Urban Walks committees.  [**New Hike/Urban Walk/Backpack Leader Seminar**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab3a6e2ca4647fb738c454d1060b90f93dbd5ddbe4615f497103e8a03b1f6c2c53f815ef73440bcc0faf99ab9f1d511854&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103773898%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=36oWLCLryeVuXGmBTq4VMAAQeD9ghIgoAQR2e5GRB9M%3D&reserved=0)**| Dec 11** This online seminar provides experienced Mountaineers hikers, urban walkers, and backpackers the information they need to become an effective hike, urban walk, or backpack leader.  [**Skiing/Riding Skills Improvement Series**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab1a753606a81dce395491cfb81c6cef7eb679bd8e626a10b78160929d63a771bf6fd56ada23069225fb442dcabdf69b19&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103794273%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=1ief9fE6z4RdH4H2cTB6xAGvxu4tAJnbfHxGsreloII%3D&reserved=0) **| Starts Jan 9** Improve your skiing/snowboarding skills lift-served at The Summit at Snoqualmie. This class is offered by The Summit at Snoqualmie SnowSports School and taught by their PSIA instructors. Special group pricing is available for members of The Mountaineers.  [**Randonee/Telemark/Split-Board Uphill Training/Conditioning Series**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab65473fc0a2b02e8e6f5d16aa5611b2108cb880bf6e9d3f97bf4547495e8a8dfd2e5cfcae70c1944cc1c39a8948253575&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103815678%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=TyPUA%2FHMXYh3gqs3v5sIqnllbxFOljYIJZLNc6bu0Hk%3D&reserved=0) **| Starts Jan 9** These clinics teach climbing and skin-management skills to skiers/snowboarders who can ski/ride downhill safely. They are offered by The Summit at Snoqualmie SnowSports School and taught by their instructors. Discounted group pricing is available for members of The Mountaineers. | | | | |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | A rock climbing wall with people climbing  Description automatically generated | |  |  | | --- | | Mountaineers on the climbing wall at the Seattle Program Center. Photo by Rodica Manole. |  |  | | --- | | **News & Notes** |  |  |  | | --- | --- | | |  | | --- | | [**Giving Tuesday**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab6f6a1391d2b47173aa7184b42ab5f1d328993b8cc644c51df646f273d1936c980f8fc34b4b6a33f64e585c59484f4725&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103836511%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=ETZW8oIXSjXCvA1N3NgYm%2BhlwXnVGcBayawJVezuxOQ%3D&reserved=0) **| Dec 3** We awarded over $100K in scholarships in 2024, helping Mountaineers access programs in all seven branches. This Giving Tuesday, we’re rallying together to replenish our scholarship fund and continue this important program in 2025. Giving Tuesday comes after Thanksgiving, but early giving is open now. Help us reach $30,000!  **Backpacking Building Blocks (B3)** Are you an experienced backpacker who loves to help others find joy on the trail? B3 is heading into its thirteenth year, and we're searching for Mountaineers backpackers (preferably backpack leaders) to mentor small groups of students in the 2025 course. You can also support a lead mentor as an assistant. Responsibilities include running breakout sessions during course lectures, helping with hands-on learning during demo day and practice camp, and organizing/leading a progression of backpacking trips from spring through fall matched to the capabilities and interests of your students. If interested, please email course leader [Cheryl Talbert](mailto:cascadehiker12@gmail.com?subject=).   **GoHike Celebration** We're delighted about another successful year of the beginner hiking course, GoHike. This course provides an opportunity for hikers to build the confidence and skills necessary to enjoy the outdoors at their own pace. Ninety-six people participated in the course, and 57 graduated, earning their GoHike badge (this is the highest graduation rate in four years of GoHike). Thirty-two course leaders led a total of 85 hikes and 35 urban walks, covering 614 miles with over 92,000 feet of elevation gain. Sixty-eight course participants also joined the Skagit Trail Builders at the Northern State Recreation Area for three separate stewardship activities, totaling 546 stewardship hours. Course graduates and leaders celebrated their success at the GoHike Graduation Celebration on October 11. | | | | |  |  |  | | --- | --- | | |  | | --- | |  | | | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [www.mountaineers.org](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab6b256f6ce4d4f53f148aacc1f6cd175f9f71e026d07c81f3825250f1470b09dd6910cbc66ea2e10a5d58becd2956c273&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103936145%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=jEoCFX5s1MZ%2FqGicRSKyaAkQstyGa1BQ8mzbBPnWW3w%3D&reserved=0)   The Mountaineers enriches the community by helping people explore, conserve, learn about, and enjoy the lands and waters of the Pacific Northwest and beyond.  [Unsubscribe](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd0729210a8fd1ead60f97cfff1f44754a55f056ac30642824538256f26cf8a4ed8373b6a0ba7721d37ad&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103956062%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=wZ62a2rH7lSAhfspNtjYumvxdh%2Fejvzd9aiaOs6lvLg%3D&reserved=0) | [Update Preferences](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd0729210a8fd1ead60f97cfff1f44754a55f056ac30642824538256f26cf8a4ed8373b6a0ba7721d37ad&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103977993%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=UDMmUEyaYbPoemdqNZSbcWfHt09WKm8JUaVqRVkFCXU%3D&reserved=0) | | |  |  |  | | --- | --- | | |  | | --- | | This email was sent to [lorieheath@live.com](mailto:lorieheath@live.com) The Mountaineers, 7700 Sand Point Way, Seattle, WA 98115-3996, US [Read our Privacy Policy](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D36ac06d5361f4bab24a273823ecdc6c5ccd0d88074847c9db2e803f0070d9502f57c885936c06305d501d0b29baeeefdc72e70cdba71e3be&data=05%7C02%7C%7C32702e7086e140c07fda08dcfffff9fa%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638666722103998235%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=dHVxiuMdGnxMajqFZ%2BHpGLZ6aWcyml6I%2FMZq3FSXs14%3D&reserved=0) | | | | | | | |